

The Messenger

Newsletter of Fristad Lutheran Church
501 State Road 35, PO Box 217
Centuria, Wisconsin 54824
(715) 646-2357
www.fristad.org - fristad@lakeland.ws

MAY 2010

Dear Fristad Members and Friends,

Recently, I came across an article which I had saved from one of our Synod newsletters in late 2008. It was written by Rev. Todd Iverson and seems even more fitting and helpful now than it did then. The article is titled "Stewardship in Anxious Times" but I think it is about trusting God, being at peace, and knowing what is truly valuable in all times.

Stewardship in Anxious Times

How can anyone think about stewardship in these anxious times?

First, don't let the anxiety of the day drag you into wrongheaded old ruts. Stewardship is NOT about getting us to give up what money we have left. Stewardship is how we tend to all that God has given us: our health, our family, our minds—everything. If God claims us as his own beloved and if stewardship is "everything we do after we say we believe," it doesn't matter what storms may come.

Our call to stewardship is the same today as it was a year ago. We may have to make changes in our spending habits and excessive lifestyle choices, but God was probably calling us to do that anyway. Maybe we will have to give less to the church and worthy charities—or maybe we will re-evaluate what is important, make significant changes to our financial choices, and give more. Either way, amounts may change, but our generosity does not have to change. As St. Paul urged, "if the eagerness is there, the gift is acceptable according to what one has—not according to what one does not have" (2 Cor. 8.12).

Second, turn off the TV. The Teacher in Ecclesiastes wrote: "Fools talk on and on. No one knows what is to happen, and who can tell anyone what the future holds?" They don't call them "talking heads" for nothing. Quit looking to those experts for advice, and return to a different guide. Enter into scripture, the story of God's promise, to rediscover that God has something in mind—a way of life that gives life. The prophet Jeremiah spoke God's word to the Israelites in exile, "'For surely I know the plans I have for you,' says the Lord, 'plans for your welfare and not for harm, to give you a future with hope.'"

Third, try this exercise. Figure out how much you were worth three months ago. Then estimate how much you are worth today. If your answer is a number with a dollar sign in front of it, you may be letting the world feed you a lie. Yes, we all have a financial net worth. But our *primary* worth comes not from our bank account, but from our identity in Christ. On this account, you are worth as much today as you were last month or on your baptismal day or the day you were born. You are rich because of God's blessings, God's forgiveness, God's love; not because of the money you have collected.

As good stewards, we need to respond to anxious times, but we do not have to become anxious.

From the Fall 2008 *Norwest Network* - NW Synod of WI

May God's Grace and Peace be with you now and always,
Pastor Mel Rau

Miles for Malawi

**Running & Biking our way
from Luther Point to Luther Park
to raise \$ for Mosquito bed-nets!**

Saturday, May 15

The entire Northwest Synod of Wisconsin will be participating in a fundraising effort this spring to help prevent malaria in Malawi! On Saturday, May 15, each conference in the synod will be running, walking, and biking their way with a bed-net to Luther Park Bible Camp.

YOU ARE INVITED TO PARTICIPATE by running or biking a section of our Apple River Conference route to Luther Park. There are a variety of distances available - as short as 3 miles and as long as 17 miles (for bikers). You can choose what distance you'd like to cover. Our goal is to get our bed-net in relay fashion to Luther Park by supper-time.

Your \$15 registration fee will cover the cost of a T-shirt AND one mosquito bed-net! Talk to Pastor Mel about registering or for more information.

Annual Women/Girls Gala

Women and girls of Fristad and invited guests are welcome to attend our Annual Women/Girls Spring Gala scheduled for Saturday, May 8, beginning with a meal being served at 12 noon.

Special guests will be women from First Lutheran, Clear Lake, members of our sister congregation this year. We will also be inviting women who have joined our Fristad congregation this past year. All of the food will be purchased through the women's group of Fristad. There will be no charge for the meal.

Later we will hear from Kathleen Glunz, our congregational president, who will give us hints and how-to's of recycling and the importance of recycling to help save our earth. Ms. Glunz works at the Polaris Corporation in Osceola and part of her job is encouragement of recycling within the corporation and the public. She is familiar with Polk County's Recycling Program and its importance. There are safety factors connected with chemicals and items containing mercury. It is important we know how to correctly clean up after spillage or breakage. The Clear Lake women will tell of living in the same village where former Wisconsin Senator and principal founder of Earth Day, Gaylord Nelson, introduced the first Earth Day.

Please sign-up prior to this event so we will know how many will attend our Spring Gala.

Men of Fristad are invited to enjoy the meal, help serve, and clean up.

Special dates

- Christian Family Week, May 3-9, 2010
- National Day of Prayer, May 6, 2010
- Mother's Day, May 9, 2010
- Ascension of the Lord, May 13, 2010
- Armed Forces Day, May 15, 2010
- Pentecost, May 23, 2010
- Memorial Day, May 31, 2010

FUND RAISER UPDATES

Easter Breakfast	\$276.00
Silent Action	<u>\$269.00</u>
Total Income	\$545.00
Expense - Food	<u>\$58.82</u>
Profit	<u>\$486.18</u>
\$200 to paving project, \$286.18 to general fund	
Craft Bake Sale Income	\$819.50
Expense - Food	<u>\$161.62</u>
Profit	<u>\$657.88</u>
\$200 to paving project, \$457.88 to general fund	

Join us for a Hawaiian Luau

Sunday, May 16 is the ending date for Sunday School classes this spring. Children will sing at the 9:30 a.m. worship service. We will also conclude Fristad's Centennial Year celebration that day.

We plan to celebrate it in grand style with a Hawaiian Luau. Wear your brightest colored clothing. If you have Hawaiian print shirts or dresses, this is the day to wear them. Colorful leis will be provided for both children and adults to get us in the spirit of the occasion.

A potluck meal will be served at 11:30 a.m. We will purchase the meat and ask that members furnish either a salad or dessert. Your favorite dish is welcome. It need not be something that would be served only in Hawaii.

We are planning several games for children - like hoola hoop fun, the limbo, jump rope, hopscotch, and other fun. We'll bring out the golf putting game, lasso golf for adults, and learn some easy chair exercises to help us keep in shape.

We have two energetic songs that Sunday School students will lead everyone in singing following our meal and we will review our Centennial year, our events and projects, and the blessings of our year-long celebration.


Last of all we will conclude with a Blessing of the Wheels in an outdoor, brief service. With summer approaching and both children and adults making full use of their wheels, this is a time to remind us all to use safety, caution and to ask God's blessings on our wheels. Both children and adults are invited to bring bikes, trikes, strollers, motorcycles, 3 and 4 wheelers, etc. Park them on the west side of the church and this is where the wheel blessing will be held to conclude the day.



RAFFLE

Tickets now on sale: \$1 each or 6/\$5 for the beautiful quilt made by Shirley Johnson. Second prize is an afghan made by Marian Antonson and third prize is a table runner made by Shirley Johnson. Church council will decide where proceeds will go. Drawing to be September 26 after the Fall Dinner.

May 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																
						1 8am-1pm Rummage Sale April 30-May 1 WELCA Synod Convention																																																
2 Food Shelf Sunday Companion Synod Sunday 9:30am Worship followed by refreshments & fellowship 10:40am Sunday School CONGREGATION MEETING	3	4	5 9:30am Dealing with a Drop in Income seminar at Polk County Job Center, 404 Main St., Balsam Lake 6:30pm Confirmation	6	7 10am Women meet to prepare for Spring Gala	8 Noon Women/Girls Spring Gala																																																
9 MOTHER'S DAY 9:30am Worship followed by refreshments & fellowship (served by the men for Mother's Day) 10:40am Sunday School	10	11	12 1pm Book Club at church 2pm Hope Circle at church 6:30pm Confirmation	13 Conference Pastors' Mtg 7pm Council	14	15 Miles for Malawi																																																
16 Food Shelf Sunday Graduate Recognition Sunday 9:30am Worship with the Band followed by refreshments & fellowship 10:40am Last Day of Sunday School Hawaiian Luau POTLUCK MEAL , Games, Blessing of the Wheels 2pm Bridal Shower	17 10am Joy Circle at Kathie Wilson's	18	19 9am-3pm Quilting with potluck lunch	20 7pm, 7:30, 8pm All-Committee Meeting Night	21 May 21-22 Synod Assembly at Stevens Point	22																																																
23 Food Shelf Sunday WEAR RED FOR PENTECOST 9:30am Worship followed by refreshments & fellowship 7pm Unity Baccalaureate at the school NEWSLETTER DEADLINE	24	25	26	27	28	29																																																
30 9:30am Worship followed by refreshments & fellowship	31 	<table border="1"> <thead> <tr> <th colspan="7">June 2010</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>T</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> <td>4</td> <td>5</td> </tr> <tr> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> <td>11</td> <td>12</td> </tr> <tr> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> <td>18</td> <td>19</td> </tr> <tr> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> <td>25</td> <td>26</td> </tr> <tr> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td></td> <td></td> <td></td> </tr> </tbody> </table>		June 2010							S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30					
June 2010																																																						
S	M	T	W	T	F	S																																																
		1	2	3	4	5																																																
6	7	8	9	10	11	12																																																
13	14	15	16	17	18	19																																																
20	21	22	23	24	25	26																																																
27	28	29	30																																																			

Fristad Lutheran Church
501 State Road 35, PO Box 217
Centuria, WI 54824
(715) 646-2357
fristad@lakeland.ws - www.fristad.org
Office Hours: Tues & Fri, 8:30am-Noon
Wed 8:30am-3:30pm

Financial Report

March

Checkbook Balance, March 1, 2010	\$(2,888.48)
March Deposits	\$9,846.32
March Checks written	\$11,982.36
Checkbook Balance, March 31, 2010	(\$5,024.52)
March Offerings Received for Budget Needs:	\$9,028.70

Our Gifts Blessing Others

Northwest Synod of Wisconsin/ELCA	\$700.00
Missionary Sponsorship	88.00
World Hunger	153.00

World Hunger

NW Synod of Wisconsin Goal: \$7 per confirmed member
 Fristad confirmed membership as of 1-1-10: 256
 Fristad's Goal for 2010: \$1,792.00
 Received as of March 31, 2010: \$392.00
 Gifts received in the ELCA World Hunger envelopes found in your Envelope packets go towards this program.
 —Al Arndt, Treasurer

Fristad Building Fund

BALANCE 12/31/09 \$ 1,775.33

MARCH INCOME

Pledges/Cash gifts	\$1,305.00
Memorials	\$45.00
Cookbook	\$5.00

YEAR TO DATE TOTAL INCOME \$7,960.00

TOTAL CASH AVAILABLE \$9,735.33

MARCH DISBURSEMENTS

Mission Investment Fund \$1,989.71

YTD TOTAL DISBURSEMENTS \$5,969.13

BALANCE 3/31/10 \$3,766.20

Mission Invest. Loan Balance: \$245,708.17
 —Marilyn Schmalz, Building Fund Treasurer

Women of the ELCA

FRIDAY, MAY 7 – 10AM

Women meet to prepare and set up for Spring Gala Event.

SATURDAY, MAY 8 – 12 NOON

Spring Gala Event for Women/Girls and invited guests at Fristad

BOOK CLUB/BIBLE STUDIES

A reminder that our Book Club will be meeting at church on Wednesday, May 12, at 1:00 p.m. with the study of the book, *Four Souls*. The study will be led by Pastor Julie Brenden.

After the Book Club meeting, the Hope Circle will meet for their monthly Bible Study at 2:00 (also at church).

The Joy Circle will meet at Kathie Wilson's home on Monday, May 17, at 10 a.m.

QUILTING DAY IN MAY

Our day for May quilting is set for Wednesday, May 19, 9 a.m. to 3 p.m., with a potluck noon meal. Each day we have been able to make at least 10 quilts, thanks to those who prepare the tops and liners prior to our sewing day and also to those who remember us by bringing in good, useable sheets (we need more, please). Thank you!

KITCHEN CLEAN-UP

Members of the Hope Unit will do kitchen touch-up for the month of May.

LOOKING AHEAD TO JUNE

Our service project for next month will be layettes for Lutheran World Relief. Now is the time for yard sales. Shop for good, useable infant items – onesies, sleepers, receiving blankets, and sweaters. Bring items to church and indicate they are to be used for layettes.

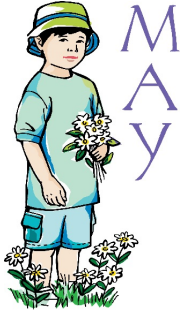
Worship Attendance

Mar 28	78
Apr 1	32
Apr 2	55
Apr 4 26 & 130	
Apr 11	71
Apr 18	72



“In the time of your life, live — so that in that wondrous time you shall not add to the misery and sorrow of the world, but shall smile to the infinite variety and mystery of it.”
 —William Saroyan

FRISTAD LUTHERAN CHURCH
501 STATE ROAD 35
PO BOX 217
CENTURIA, WISCONSIN 54824-0217
(715) 646-2357
www.fristad.org



Address
service
requested

Worship with Holy Communion every Sunday at 9:30 a.m.

Refreshments & Fellowship following the service | Sunday School 10:40am

Remember to bring in non-perishable food items on the first & third Sundays of the month for the local food shelves.

Rummage Sale

Thursday, April 29 - 8am-5pm

Friday, April 30 - 8am-5pm

Saturday, May 1 - 8am-1pm

Quarterly Congregation Meeting

Sunday, May 2 - after 9:30am Worship

Women/Girls Spring Gala

Saturday, May 8

Mother's Day

Sunday, May 9 - Men will be serving refreshments after worship

Miles for Malawi

Saturday, May 15 - Running/Biking Relay to raise money for mosquito bed nets

Last Day of Sunday School

Sunday, May 16 - Hawaiian Luau with potluck meal, games, and blessing of the wheels

Synod Assembly - May 21-22

Pentecost Sunday

Wear red on Sunday, May 23

June Newsletter Deadline

Sunday, May 23